

# Tintinhull Gazette

Tintinhull Public School

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Term 1 - Week 2

Thursday, 4 February 2016

## Peel Valley Swimming Carnival

The annual Peel Valley swimming carnival is on Friday 12<sup>th</sup> February commencing at 9:30am promptly. It is being held at Nundle swimming pool and is open to students 8 years of age and older. This year it is a 50m carnival only.

Please make sure that you return your note to Mrs Robinson tomorrow (5<sup>th</sup>) as she needs to have nominations entered by the end of the day.

## Excursions

Today we have been informed that the 5/6 Canberra excursion in Term 2 will cost \$545 per child. The school and P&C will subsidise \$200 per student.

Also the 3/4 Great Aussie Bush Camp in Term 3 will cost \$315 per child. The school and P&C will subsidise \$100 per student.

These excursions are vital learning experiences for your child and we encourage you to start paying instalments to make it easier with budgeting.

Please see Robyn in the office if you wish to do this.

## Student Banking

Welcome back to School Banking 2016!

Tintinhull School is excited to offer the Commonwealth Bank School Banking program to all students.

To encourage regular savings behaviour the program offers an exciting Rewards Program. Every deposit earns your child a silver Dollarmites token, and once they've collected 10 tokens they can redeem them for a reward.

The rewards available during 2016 are:

- Flying Snake Tail
- Wildlife Writer Set
- Mud Splat Handball
- Outback Pat Bag Tag
- Backtrack Eraser Pen
- Jump and Skip Rope
- Bush Fly Fan
- Wiggly Glow Worm



This year student school banking day will continue to be on a Thursday. Bank books may still be brought in any day but deposits will not be processed until Thursday.

Please contact the office if you would like any further information.

## Tamworth F.C Registration

Players from all ages are welcome to register to play football (soccer) with Tamworth FC for the 2016 season.

Online registrations can be completed at [www.myfootballclub.com.au](http://www.myfootballclub.com.au) from the 1st February 2016.

Tamworth Football Club is also conducting registration days at Gipps St fields on the following dates:

Tuesday 9th February 4:00pm - 5:30pm

Tuesday 23rd February 4:00pm - 5:30pm

Saturday 27th February TBA

Tuesday 8th March 4:00pm - 5:30pm

If you would like any further information in regards to the 2016 season registrations, please contact the club via email at

[tamworthfc@northerninlandfootball.net.au](mailto:tamworthfc@northerninlandfootball.net.au)

## Reminders

### Newsletter Day

Printing and distribution of the school newsletter will this year be on a **THURSDAY**. It will be given to the eldest child from each family.

### Uniform Shop/ Clothing Pool

The uniform shop/clothing pool will only be available for purchases on **Tuesday and Thursday morning from 9am to 9.30am**.

If your child requires a new hat, \$6 may be left with Mrs Fowler at the office and a hat will be given to the child during the day.

## Dates for Your Diary

### Week 3

Monday 8 <sup>th</sup> February	First school assembly for 2016 at 3pm
Friday 12 <sup>th</sup> February	Peel Valley swimming carnival at Nundle

### Week 5

Friday 26 <sup>th</sup> February	PSSA swimming carnival
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### Week 6

Tuesday 1 <sup>st</sup> and Wednesday 2 <sup>nd</sup> March	Life Education Van visit. Cost \$5.00 per student
Friday 4 <sup>th</sup> March	School photos

### Week 9

Friday 25 <sup>th</sup> March	GOOD FRIDAY
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### Week 10

Monday 28 <sup>th</sup> March	EASTER MONDAY
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# Learn to Swim classes

**Swimming is an important life skill that can help save a life!**

Programs are available for all ages and abilities both during school terms and during the school holidays

Please contact us for further enquiries and bookings on 02 6762 2631

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YOU BY



## Good for Kids good for life

### PACKING A HEALTHY LUNCHBOX

Many products marketed as being a healthy lunchbox addition can be high in sugar and fat, and low in nutrients. Here are some healthy options to consider swapping in your child's lunchbox:

- An apple or banana instead of a fruit roll-up.
- Swap chips for unsalted air-popped popcorn.
- Include low-fat plain milk instead of drinks high in sugar such as sports drinks and fruit drinks with less than 99% juice.
- Swap sugary snacks, such as cake or biscuits, for a low-fat plain/fruit-based yoghurt.
- Use wholemeal or multi-grain bread instead of white bread for sandwiches.



