

# Tintinhull Newsletter

Wednesday, 14 August 2019

Term 3, Week 4



**Congratulations to all the Assembly Award recipients for week 3.**



**Principal's Award - John Butler**



**Combined Small Schools' Athletics carnival**



## ***Dates For Your Diary***

### **AUGUST**

- Monday 19* Book Week Parade and Assembly from 9.30am  
*1-2 class presenting*
- Friday 23* Reddington Academy Book Week activities
- Friday 30* Zone Athletics

### **SEPTEMBER**

- Monday 2* Assembly  
*3-4 class presenting*
- Wednesday 4* Spelling Bee at Westdale Public School
- Friday 6* Choir excursion to Moonbi House
- Saturday 7* P and C Science Night  
*More details to come*
- Monday 16* Assembly  
*5-6 class presenting*
- Wednesday 18* Years 3 and 4 Cricket Blast
- Thursday 19* Years 5 and 6 Cricket Blast
- S.R.C. School Disco  
*6:30pm - 8:00pm*

### **OCTOBER**

- Monday 21* Book Fair - *details to come*
- Wednesday 30* Kindergarten 2020  
*Orientation 9:30am - 1:30pm*

### **NOVEMBER**

- Friday 8 - Sat 9* CAPERS

**Fortnightly school assemblies to be held Mondays.**

## Book Week 2019

Book Parade and Monday Assembly will be held on Monday the 19th August at 9.30am. Students are encouraged to come dressed as their favourite book character. Parents and family members are invited to attend this event. **There will be no assembly at 3.00pm** on this day as it will be held in conjunction with the Book Parade at 9.30am.



## Reddington Academy Book Week activities Friday 23

All students have received notes about this day. We will be having a library fundraiser sausage sizzle lunch and cupcake day. Students can wear out of uniform on this day. They must have sports shoes and a hat for the activities. Students need to make sure they have returned their bookmark to be able to attend. Please see Mrs Grogan or Miss Hull for further information.

## Carpark

Work has commenced on the resurfacing of the side carpark at school. It is estimated that this will take two weeks to complete. Please ensure that students attending OOSH please enter and exit via the main front gate and use the path through the garden during this time.

## Feeling Unwell?

Unfortunately coughs and colds are a part of life when attending school. Attached with today's newsletter is a helpful guide for parents when deciding if your child should be staying home to avoid making other students and teachers unwell too.



Junior Writers Club  
Presents



AUSTRALIA'S

**BIGGEST**  
Poetry Competition  
For Kids

### WHAT TO DO

- 1) Write a 4 to 12 line poem that has a positive and/or encouraging message of some kind.
- 2) Complete the online entry form.
- 3) Maybe WIN a cool prize.

Entries Close Friday 27th September 2019  
Winners announced Friday 18th of October 2019

FREE ENTRY

FOR 8-12  
YEAR OLDS

For **COMPETITION DETAILS** go to

[www.juniorwritersclub.com.au](http://www.juniorwritersclub.com.au)

or Email: [ian@ianmcintosh.com.au](mailto:ian@ianmcintosh.com.au) or call 0402 907 333

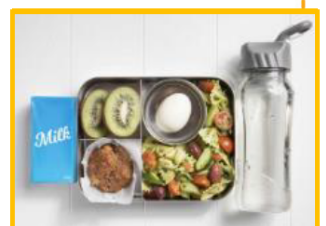


Nutrition Snippet

**The simplest way**

... to save time in the morning.

With some simple preparation at a time that suits you, you can save a lot of stress in the morning.



Try these tips to pack healthy foods quickly:

- Buy snack sized veg that don't require cutting e.g. cherry tomatoes, baby cucumbers and snow peas
- Keep some shelf stable items like beans and milk in the pantry
- Make and pre-pack individual serves of healthy snack mixes such as [poppletana](#).
- Get in to the habit of cooking extra for dinner and packing leftovers for lunch.
- Spend some time on the weekend preparing freezer-friendly lunch box items such as fruit or [vegie muffins](#).
- Allocate a drawer or area of the kitchen where lunch boxes and containers are kept, making them handy to find come packing time.

[healthylunchbox.com.au](http://healthylunchbox.com.au)